

# DO YOU HAVE WHAT IT TAKES?

## To Jumpstart your Brain for “Endless” Energy

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### “Jumpstart your Brain; Jumpstart your Life in 2018”

Imagine you with “endless” brain energy.... You jumpstarting your day in harmony. Your amazing brain directing a continual flow of physical, mental, and spiritual energies. You off that emotional roller.

Today we will focus on “endless” brain energy as well as adding great value through a Whole-Brain strategy resulting in enormous personal growth with increased insight, creativity, and productivity.

The daily use of three to four areas of your brain, as you create win-win situations, defines and reflects your core (your significance) in personal and business successes. In doing so you create a win-win as you live your purpose and emerge as the solution to the needs of others.

The key to your success is to (1) build, (2) grow, and (3) maintain your positive energy source. Your “endless” energy begins with your amazing brain weighing less than three pounds (David A. Sousa).

Let's follow a few simple steps daily:

1. Imagine the end result for your day.
2. Speak your desired result with passion 6- 12 times (self-motivation jumpstarts creativity and cell growth in your brain)
3. Reach out to three to five persons each day
4. Prepare for feedback (what's in it for them?)
5. Build reliable resources as you build healthy relationships.

As others are inspired by you, setting and achieving their short and long term goals, you will suddenly realize that you are living your purpose becoming a resource and the solution to the needs of others.

Keep in mind, your positive “endless” energy is a combination of jumpstarting your brain “daily” as well as developing great relationships and resources to create win-win situations.

Are you now ready for an “endless” positive mental, physical, and spiritual energy resource? If you answered “yes”, what are you waiting for?

I challenge you to stop (right here;right now) and reach out to 1-5 persons daily. Please include me in your contacts.

Please connect with Marcia at 740 353 8056, facebook.com or endlessbrainenergy.com. Your L.I.F.E. (Longevity, Insurance, and Faith extended) depends on it.

For additional information on your amazing brain see the “How the Brain Learns” (David Sousa) and “The New Science of Learning: How to Live in Harmony With Your Brain” (Terry Doyle and

Jumpstart your brain: jumpstart your life!

Have a great year of change!

For additional questions or comments, contact Marcia Harris:

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